

DAVE JACKSON NESCOPECK TRAINING CAMP

April 18-19, 2009

WHO SHOULD ATTEND: The camp is an event specifically designed to tune-up and/or improve river paddling skills for advanced novice paddlers, intermediate paddlers and advanced intermediate paddlers. **This is not a course for beginner paddlers.** Participants must be able to effectively execute eddy turns, peel-outs and wet exits on Class I and II water and have river-paddling experience on rivers such as the Lehigh and Schuylkill.

TEACHERS: ACA Certified Teachers Only. We need you, especially for hole playing. Please indicate on the application which classes you are willing to teach. Please sign and send the waiver and application, along with your payment for the banquet, to Philadelphia Canoe Club.

REQUIRED RIVER CLOTHING: The water and/or air are cold this time of year. Appropriate on-the-water gear is required. We ask that you bring either a dry suit or a wet suit. Appropriate head, feet and hand gear is also required. Keep additional dry, polypro underwear (wool is a good substitute) at the camp to accommodate changing weather conditions.

MINORS: To participate in the class, minors 12 to 17 years of age must paddle in the company of a parent or guardian.

WAIVERS: **ALL** teachers and students **MUST SIGN** the ACA waiver. Waivers for minors 12-17 years of age must be signed by the paddling parent or guardian. We don't have your ACA member number on file. If you are and ACA member, **PLEASE(!)** provide your ACA number on the waiver. You cannot join the ACA through PCC, despite the contrary appearance of the waiver form. Please see special waiver instructions at the bottom of the next page.

EQUIPMENT: Philadelphia Canoe Club equipment will be available on a first come-first served basis for a rental fee of \$20.00 for kayaks and solo canoes. Tandem canoe rental is \$10.00 per person. Please contact our Fleet Captain, Joe Cunningham, (267) 912-1586, wavesport001@yahoo.com, to make arrangements.

CAMPGROUND & LODGING: Facilities include a private camp area, port-a-potties and a cold water faucet. Several motels are located nearby for those who prefer indoor plumbing. Reserve early. The closest lodging facilities are Lookout Motor Lodge, 570-788-4131 and Best Value Inn, 570-788-5887.

PARKING: Parking is LIMITED. We have 60-80 paddlers and space for only 35 vehicles. Please do not drive on your own. Find someone to carpool with you, then find someone else to join the group. Carpooling from the motel would be helpful.

TRAINING TIMES: An introductory group meeting will begin at 8:00 AM **SHARP** on Saturday. At this time, you will be assigned to your class and meet your teacher. Shuttles will depart at 8:30 AM **VERY SHARP**. If you know you will not be at the campground by 8:00 AM, we suggest you sign up for hole-playing or gates as they are conducted at the campsite and require no shuttle.

FOOD (note *NEW VENUE!*): A group dinner will be held Saturday evening at the Brass Buckle Restaurant, 334 Main St Conyngham, PA 18219. If you require a vegetarian entree, you **must** contact Rick Shandler immediately. ***The restaurant staff cannot accommodate special requests on the night of the banquet.*** Breakfast is on your own at the campground or can be purchased at nearby restaurants. On Saturday, a lunch of hot soup, crackers, hot dogs, cookies and apples will be provided at the campground between morning and afternoon sessions.

HOW TO APPLY

1. Go to the Application page and complete all information (one application per student).
2. Sign the waiver on the back of the Application.
3. Make your check payable to the Philadelphia Canoe Club.
4. Mail the Application, the signed waiver and your payment to the Course Leader.
5. Keep this page for future reference.

YOU KEEP THIS PAGE

REFUND POLICY

PCC EQUIPMENT ONLY – No refunds will be granted for cancellations or dropouts after April 8th.

COURSE – Cancellations or dropouts prior to April 8th will be granted a refund of \$35. No refunds will be granted for cancellations or dropouts April 8th and subsequent.

CAMP DIRECTOR'S HINTS

1. IF YOU HAVEN'T TAKEN THE GATES CLASS BEFORE, TAKE IT NOW! No matter what your skill level is or how many times you have paddled this season, you will benefit from this class.
2. Advanced and intermediate river running classes are conducted on the same section of the river; however, the advanced students are challenged at a more difficult level.
3. Yes, you can switch assigned classes, but only with each instructor's permission.
4. Yes, no matter what you sign up for, I will assign you to a class in a completely arbitrary fashion.

VOLUNTEERS

Gates will be hung on Friday afternoon, April 17, and taken down on Sunday afternoon, April 19. We will appreciate your help if you can arrive early and/or stay late to help with this project. Please notate the application accordingly. We also need help with the Saturday lunch set up and shuttles. If you have a traveling companion who will be at the camp, but not paddling and is willing to volunteer, please let Rick know.

DIRECTIONS

Northeast Extension of the PA Turnpike to Exit 95, Mt. Pocono. From there, take I-80 West to Exit 38, Conyngham. At Conyngham, take Route 93 South, approximately 1.6 miles. You will go over a bridge. Immediately after the trees clear and as you enter the town, turn right onto West County Road (there is a breakfast restaurant on the right corner). Follow this for one block. At this intersection, you will see Pursall's Frog Town Grille, a fire station and a Deli. Continue on West County Road, past the Frog Town Grille (on your right) about 1.3 miles to Mill Hill Road and turn right. Follow Mill Hill Road about 400 yards to the first road on your left (T337). Turn left onto T337 and follow this road 1.1 miles to a pair of stone pillars on the right. This is the driveway to the campground. Turn right into the driveway and follow the road down the hill, past the houses, to the creek.

UPON ARRIVAL AT THE CAMPGROUND

Register with the Camp Director. Follow his parking and camping instructions.

QUESTIONS

Contact Rick Shandler, (610)446-1867 or Nescopeck@shandler.net

SPECIAL INSTRUCTIONS FOR WAIVER FORM (TOP):

**PLEASE ONLY SELECT EITHER:
1ST BOX (that you are already an ACA member) OR
LAST BOX (that you are not an ACA member, and you will pay the \$5.00 fee).**

YOU CANNOT JOIN THE ACA THROUGH PCC.

IF YOU WANT TO BECOME AN ACA MEMBER, YOU MAY DO SO AT <http://www.americancanoe.org>,
PCC is an ACA AFFILIATE. IF YOU ARE A PCC MEMBER, YOU GET A DISCOUNT ON ACA MEMBERSHIP

YOU KEEP THIS PAGE

DAVE JACKSON NESCOPECK TRAINING CAMP

April 18-19 2009

1. COMPLETE THE FOLLOWING APPLICATION (ONE APPLICATION PER STUDENT).
2. COMPLETE AND SIGN THE WAIVER.
(At the top, check either "I am an ACA member." or "I would like an ACA event membership.")
3. MAIL THIS APPLICATION, YOUR SIGNED WAIVER AND PAYMENT TO THE COURSE LEADER.

COURSE LEADER	MAIL APPLICATION TO	QUESTIONS
Rick Shandler	1300 Bon Air Terrace Havertown, PA 19083	(610) 446-1867 nescopeck@shandler.net

HOW DID YOU FIND OUT ABOUT THIS COURSE?	
NAME	DAY PHONE
ADDRESS	NIGHT PHONE
CITY, STATE, ZIP	E MAIL ADDRESS
EMERGENCY CONTACT	EMERGENCY PHONE NUMBER

SCHEDULE								
IN THE FOLLOWING BLANK SPACES, CREATE YOUR OWN SCHEDULE. WE WILL TRY TO ACCOMMODATE YOU. STUDENTS MARK 'S' - TEACHERS MARK 'T' (ACA INSTRUCTORS ONLY)								
SESSION	FLAT WATER TUNE UP	INTERMEDIATE RIVER CRUISING	ADVANCED RIVER CRUISING	HOLE PLAYING	GATES	RACING	VOLUNTEER TO SET UP	VOLUNTEER TO TAKE DOWN
FRI-AM								
FRI-PM								
SAT-AM								
SAT-PM								
SUN-AM								
SUN-PM								

PRICE PER PERSON.							
(Includes \$5 ACA Event Fee)							
CIRCLE AS NEEDED	PCC MEMBERS ONLY		NON-MEMBERS		TOTAL AMOUNT PAID		
	ADULT	MINOR	ADULT	MINOR	ADULT	MINOR	
TEACHER	N/A	N/A					
STUDENT	\$60	\$40	\$100	\$60			
BANQUET	\$18	\$18	\$18	\$18			
MAKE CHECKS PAYABLE TO: PHILADELPHIA CANOE CLUB			TOTAL AMOUNT PAID:				

I WILL BE PADDLING (CIRCLE ONE):	KAYAK	CANOE	TUGBOAT
----------------------------------	-------	-------	---------



AMERICAN CANOE ASSOCIATION MEMBERSHIP FORM



All participants in ACA-insured activities must be ACA members in one of the following categories (choose one):

I am currently an ACA member. My member number appears below. (Check here if renewing with this form <input type="checkbox"/>) <input type="checkbox"/>	I would like a one-year ACA Paddle America Club Membership for: (check & circle one) Individual \$30 Family (2 adults & minors) \$40 <input type="checkbox"/>	I would like a one-year ACA Membership for: (check & circle one) Individual \$40 Family (2 adults & minors) \$60 <input type="checkbox"/>
I would like a one-year Student Membership for \$25 (under 18, or under 23 with copy of student ID) <input type="checkbox"/>	I would like an ACA Introductory Membership for \$10 (Six month full membership with benefits, including <i>Paddler</i> Magazine) <input type="checkbox"/>	I would like an ACA Event Membership for \$5 (one activity membership, no member benefits) <input type="checkbox"/>

AMERICAN CANOE ASSOCIATION ADULT WAIVER & RELEASE OF LIABILITY READ BEFORE SIGNING

IN CONSIDERATION of being permitted to participate in any way in the American Canoe Association, Inc. sports and recreation program and related activities ("Activities") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of paddlesports and related activities and that I am qualified, in good health, in proper physical condition to participate in such activity and willingly agree to comply with the stated and customary terms and conditions of participation. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. If I decide to leave early and not complete the trip as planned, I assume all risks inherent in my decision to leave.

2. FULLY UNDERSTAND that: (a) Paddlesports and related ACTIVITIES INVOLVE RISKS AND DANGERS OF DAMAGE TO PERSONAL PROPERTY AND SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the American Canoe Association, Inc., its Paddle America Clubs, affiliated clubs and organizational affiliates, their respective ACA certified instructors, certified instructor trainers, and certified instructor trainer educators, administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, INJURIES, DAMAGE TO PROPERTY, OR OTHER DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name (print) _____ Date of Birth _____ ACA # (if any) _____

Street Address _____

City _____ State _____ Zip _____

Email _____ Phone _____

Date _____ Adult Signature _____

Name / Description of Activity or Event _____

Sponsoring Club / Organization _____ Activity Date _____



AMERICAN CANOE ASSOCIATION MEMBERSHIP FORM



All minor participants in ACA-insured activities must be ACA members in one of the following categories (choose one):

I am currently an ACA member. My member number appears below. (Check here if renewing with this form <input type="checkbox"/>)	<input type="checkbox"/>	I would like a one-year Student Membership for \$25 (Under 18, or under 23 with copy of student ID)	<input type="checkbox"/>
I would like an ACA Introductory Membership for \$10 (Six month full membership with benefits, including Paddler Magazine)	<input type="checkbox"/>	I would like an ACA Event Membership for \$5 (One activity membership, no member benefits)	<input type="checkbox"/>

AMERICAN CANOE ASSOCIATION MINOR WAIVER & RELEASE OF LIABILITY READ BEFORE SIGNING

IN CONSIDERATION of being permitted to participate in any way in the American Canoe Association, Inc. sports and recreation program and related activities ("Activities") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Paddlesports and related Activities and that I am qualified, in good health, in proper physical condition to participate in such Activity and willingly agree to comply with the stated and customary terms and conditions of participation. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. If I decide to leave early and not complete the trip as planned, I assume all risks inherent in my decision to leave.

2. FULLY UNDERSTAND that: (a) Paddlesports and related ACTIVITIES INVOLVE RISKS AND DANGERS OF DAMAGE TO PERSONAL PROPERTY AND SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE American Canoe Association, Inc., its Paddle America Clubs, affiliated clubs and organizational affiliates, their respective ACA certified instructors, certified instructor trainers, and certified instructor trainer educators, administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, INJURIES, DAMAGE TO PROPERTY, OR OTHER DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

MINOR PARTICIPANT: I, THE MINOR PARTICIPANT, HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Minor Name (print) _____ Minor Date of Birth _____ ACA # (if any) _____

Minor Street Address _____ Minor Phone _____

Minor City _____ Minor State _____ Minor Zip _____ Minor Email _____

Date _____ Minor Signature _____

PARENT OR GUARDIAN: I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF PADDLESPO RTS AND RELATED ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

Parent/Guardian Name (print) _____ Parent/Guardian ACA # (if any) _____

P/G Street Address _____ P/G Phone _____

P/G City _____ P/G State _____ P/G Zip _____ P/G Email _____

Date _____ Parent / Guardian Signature _____

Activity Description _____ Sponsoring Org. _____ Activity Date _____